

SPECTRALIS 4D Tru Track™ HD EYE HEALTH CHECK

One in two sixty year olds have
some form of cataract



Will you be the one?

Protect your Future
Book your 4D HD
Eye Health Check Today

What is a cataract?

As we get older the lens inside our eye gradually changes and becomes less transparent. A lens that has turned misty, or cloudy, is said to have a cataract. Over time a cataract can get worse, gradually making your vision mistier. A straightforward operation can usually remove the misty lens and replace it with an artificial lens to enable you to see more clearly again.

One in two sixty year olds will have some form of cataract.



Before you have your cataract surgery, it is important that your eye health and general health is checked carefully. This is so your healthcare provider can assess your eye for any other signs of disease that need treatment and also to help them decide which lens to implant when they perform your operation, to ensure the best outcome.

A cataract can make it difficult for your healthcare provider to assess your retina for any other signs of disease using retinal photography. You may be unaware of any other problems in your eye until significant vision loss has occurred or the cataract has been removed. However, it is important that diseases of the retina are detected early and treatment is commenced as soon as possible, in order to reduce the risk of vision loss.

Why should I have a SPECTRALIS 4D HD Eye Health Check?

The SPECTRALIS 4D HD Eye Health Check is much more than your standard sight test. It employs the use of a high-tech eye scanner, called the SPECTRALIS to scan your eyes and look for very early signs of retinal diseases. The SPECTRALIS has the ability to scan your eyes for tiny changes and monitor the progression of these changes over time, even in patients with cataract. This technology is used on board the International Space Station to check the health of astronaut's eyes and now you can have your eye health checked in exactly the same way here on planet Earth, as we have invested in this same eye scanner.

Early detection and rapid referral for treatment are key to minimising sight loss.

The SPECTRALIS can measure tiny changes in your eye over time to 1/1000 millimetre at every visit. Your optometrist will keep a record of all your check-ups on their computer and be able to compare past scans of your eye with current ones to check for early signs of retinal disease and monitor your eye health pre- and post-cataract surgery.

The result is a truly 4-dimensional eye health check. Early detection and referral for treatment is the key to minimising sight loss caused by retinal disease and the 4D HD Eye Health Check offers you the peace of mind that comes with knowing if your eyes are healthy or that your optometrist will see the smallest change before you do.

SPECTRALIS
4D  **HD**
EYE HEALTH CHECK

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Health Check Today

What should I expect from my Eye Health Check?



You will simply sit at the instrument and the examiner will scan your eye using a light beam. The scan only takes a few seconds and you can blink normally. You will suffer no discomfort and the camera will not touch your eye.

After the examination, your vision will not be impaired. If your eyecare professional has not dilated your pupil to conduct eye health check or for another examination, you can drive as usual.

What other examinations may be required?

The SPECTRALIS 4D HD Eye Health Check may not be the only examination required to assess your eye health.

Your eye health care provider will be able to explain to you exactly what examinations you need and what they involve.

You can find out more information about Cataracts and the SPECTRALIS Eye Health Check on the SPECTRALIS Eye Health Check website:

www.spectralis-eyehealthcheck.co.uk

Book your Eye Health Check here:



We can see the smallest change . . .
and that changes everything